

If you or anyone you know still hasn't filled out the census yet, you still can online using the link below, no code is needed. Brooklyn response rate is still very low, so it's important we all get counted!

<https://my2020census.gov/>

If anyone needs assistance in registering to vote or registering absentee, please email Matt Abrams at mabrams@heightsandhills.org or call the center and leave a message at 718-832-3726. You also can fill out an absentee ballot application online at the link below.

<https://nycabsentee.com/>

PSCSA remote class schedule this week

Classes on Zoom (Video or Phone)

Monday

12:30PM: Yoga with TJ
Teleconferencing #: 929-205-6099
Meeting ID: 837 714 088
<https://zoom.us/j/837714088>

2:00PM: Discussion Group with Matt
Teleconferencing #: 929-205-6099
Meeting ID: 972 670 301
<https://zoom.us/j/972670301>

Tuesday

11:00AM Bodies in Motion with Quinn (password required)
Meeting ID: 718 813 0636
Password: 835384
<https://zoom.us/j/7188130636>

2:00PM: Storytelling with Lily
Teleconferencing #: 301-715-8592
Meeting ID: 450 717 4121
<https://zoom.us/j/450717412>

Wednesday

12:00PM: Meditation with TJ
Teleconferencing #: 929-205-6099
Meeting ID: 878 9738 2626
<https://us02web.zoom.us/j/87897382626>

2:00PM: Qi Gong with Ann
Teleconferencing #: 929-205-6099
Meeting ID: 735 930 111
<https://zoom.us/j/735930111>

Thursday

2:00PM: Tai Chi with Tzyann

Teleconferencing #: 929-205-6099

Meeting ID: 890 354 421

<https://zoom.us/j/890354421>

Friday

11:00AM Center updates and discussion with Julimarie

Direct link: <https://us02web.zoom.us/j/87908774322>

Teleconferencing #: 929-205-6099

Meeting ID: 879 0877 4322

1:00PM: Latin Rhythms with Walter – LAST CLASS

Teleconferencing #: 929-205-6099

Meeting ID: 859 3983 5726

<https://us02web.zoom.us/j/85939835726>

Instructions to join a class via zoom:

By Telephone

1. On your phone, dial the [teleconferencing number](#)
2. Enter the **meeting ID** when prompted using your dial-pad followed by #. (Each class has a different meeting ID)
3. When prompted to enter participant ID, just press # again.

By Computer

1. Open zoom.us/join
2. Enter the [meeting ID](#) and click "Join"
3. When Pop-Up box appears, select "Open Zoom"
4. Select if you would like to connect audio and/or video and click **Join**.