



# HEIGHTS AND HILLS Annual Report 2018

ANOTHER YEAR OF SUCCESSFUL AGING

# Results that **matter**



In 2018, Heights and Hills served  
**4,820 people**  
in 19 Brooklyn communities.

The older adults we  
served ranged in age  
**from 60 to 108**,  
and were as diverse  
as the communities in  
which they live.

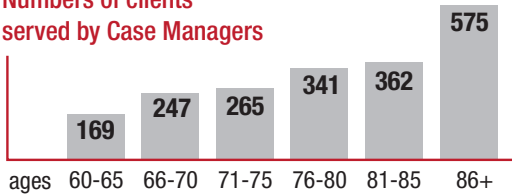


# Programs for Successful Aging

## CASE MANAGEMENT PROGRAM

- **2,021 clients** received case management services
- **26,015 hours** of case management

Numbers of clients served by Case Managers



## CAREGIVER PROGRAM

- **1,301 caregivers** served
- **75 Support Group** sessions
- **2,238 hours** of homecare respite



## VOLUNTEER PROGRAM

- **54 new volunteer** friendly visitors
- **590 youth** engaged through Intergenerational Programs
- **4,633 hours** volunteered



## PARK SLOPE CENTER FOR SUCCESSFUL AGING

- **439 clients** served
- **10,270 meals** provided
- **19 planned activities** per week



Heights and Hills programs and services are funded in part under contract with the New York City Department for the Aging and with Citymeals-on-Wheels and by foundation and corporate grants and private donations.

# Thank you for your support

With deep appreciation, Heights and Hills acknowledges the support of all our friends and donors. Thank you for your commitment to our cause.

*The following donors' contributions of \$250 and over were received July 1, 2017 to June 30, 2018.*



## INDIVIDUAL SUPPORT

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Estate of Richard Kressler  
Patricia & Vincent Vigorita

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Herman Goldman Foundation  
Edelman Community  
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Eldercare  
Plymouth Church  
Rita & Alex Hillman  
Foundation  
Spark Fund

#### **GOVERNMENT**

New York City Department  
for the Aging  
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New York City Council  
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*Many thanks to the following  
organizations who gave their time  
and talent to Heights and Hills.*

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BloomAgainBklyn  
Brooklyn Friends School  
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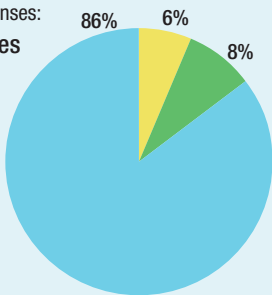
FINANCIALS

*Financial Summary derived from our audited financial statement from July 1, 2017 through June 30, 2018.*

TOTAL OPERATING EXPENSES - \$3,208,152

Breakdown of expenses:

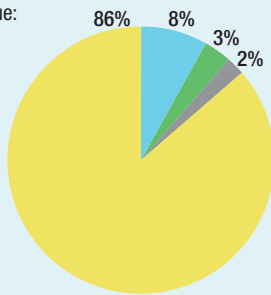
- Program Services  
\$2,744,304
- Fundraising  
\$197,880
- Management &  
General  
\$265,968



TOTAL OPERATING REVENUE - \$3,375,348

Breakdown of revenue:

- Government  
\$2,916,401
- Contributions &  
Special Events  
\$272,000
- Foundations &  
Corporations  
\$117,208
- Other  
\$69,739



NET ASSETS \$1,933,976

## 2018 HIGHLIGHTS possible with your support



Under Heights and Hills management, **The Park Slope Center for Successful Aging** newly renovated space has reinvigorated membership. This means more classes and activities for Brooklyn's older adults to gather. New friends and new skills – such as tai chi, technology classes and special events each month give members an opportunity to feel connected. This new space also gives Heights and Hills a place to host events open to public such as “Community Conversations.”

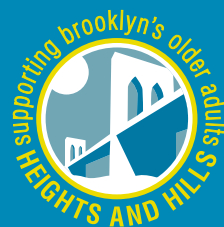
Your support means we can continue to improve the lives of Brooklyn's oldest residents as well as offer programs to the public on aging successfully.

### Thank you!

Our **47th Annual Spring Benefit** celebrated and honored **Patricia Kavanagh, MD**, a neurologist who has dedicated her work to brain health and mobility of older Brooklynites, and **The Schwartz-Barnett-Greenfield Family** for their dedication to community service that spans three generations. Over 200 guests attended the benefit and raised critical funds that will be used to expand and deliver services to Brooklyn's oldest residents.

*Below: Executive Director Judy Willig with Rita Schwartz, Patricia Kavanagh, and Board President Jeff Helfgott*





## Our mission: Heights and Hills promotes successful aging in the Brooklyn community

To age successfully, one needs to have:

- Financial security – having enough money to pay one's bills
- Food security – having sufficient food and nutrition
- Access to health care – being able to get to and pay for doctors and medication
- A safe, affordable, and comfortable place to live
- One's basic tasks of daily life accomplished – from bathing to bill-paying
- Social supports that prevent isolation

In addition to these basic necessities, studies have shown that social connectedness and having a purpose are linked to increased health, satisfaction, and longevity.

**Heights and Hills programs and services address all of these issues.**

HEIGHTS AND HILLS

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Brooklyn, NY 11201

(718) 596-8789 • [heightsandhills.org](http://heightsandhills.org)

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