

HEIGHTS AND HILLS Impact Report 2019



ANOTHER YEAR OF SUCCESSFUL AGING

2019 SERVICE DATA HEIGHTS AND HILLS



Results that matter
made possible
with your support

In 2019, Heights and Hills served **4,736** people
in over **19** Brooklyn communities:

- ▶ Bedford Stuyvesant
- ▶ Boerum Hill
- ▶ Brooklyn Heights
- ▶ Carroll Gardens
- ▶ Clinton Hill
- ▶ Cobble Hill
- ▶ Crown Heights
- ▶ East Flatbush
- ▶ Farragut
- ▶ Fort Greene
- ▶ Gowanus
- ▶ Park Slope
- ▶ Prospect Heights
- ▶ Prospect Lefferts Gardens
- ▶ Red Hook
- ▶ Remsen Village
- ▶ Sunset Park
- ▶ Windsor Terrace
- ▶ Wingate



- Caregiver & Case Management Services
- Expanded Caregiver service area as of July 2019

Heights and Hills programs and services are funded in part under contract with the New York City Department for the Aging and with Citymeals-on-Wheels and by foundation and corporate grants and private donations.

CASE MANAGEMENT PROGRAM



685 clients *ages 60-74*
702 clients *ages 75-84*
636 clients *ages 85+*



CAREGIVER PROGRAM



1,376 caregivers served
75 support group sessions



VOLUNTEER PROGRAM



65 new volunteer friendly visitors
861 youth engaged through
intergenerational programs



PARK SLOPE CENTER FOR SUCCESSFUL AGING



208 clients *ages 60-74*
162 clients *ages 75-84*
66 clients *ages 85+*



11,823 meals
40
unique classes
and programs

Thank you for your support.

With deep appreciation, Heights and Hills acknowledges the support of **individuals, foundations, corporations, and government agencies.**

The following donors' contributions of \$250 and over were received July 1, 2018 to June 30, 2019.

Lucy Adams	Constans Culver Foundation	Jill and John Gilbert
ALLINBKLYN	Credit Suisse Americas Foundation	Lauren Glant and Michael Gillespie
Marissa Alperin and John Lowe	Katherine Crisalli and Rob Baehr	Michelle Grasparil and Rolando Villanueva
Caroline Gates-Anderson and Richard Anderson	Bruce Dennis	Grimaldi & Yeung LLP
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Maria and Morrell Avram	Kenneth Diamondstone and Joseph Kopitz	Cecile Hanft and Charles Critchlow
Sheila Baltzell	Martha and Stephen Dietz	Mary Hargrove
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Helena Batt and Brian Ecclesine	Miriam Doss	Jeff Helfgott and Peter Gee
Mickey and Martin Baumrind	Martha Eckfeldt	Herman Goldman Foundation
Susan and Benjamin Baxt	Edelman Community Investment Grant	Stephanie and Timothy Ingrassia
Alice Beal and William Kuntz	Jennifer and Steven Eisenstadt	Investors Foundation
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Amanda Chessa	FPWA	Tania and Tony Kleckner
Gwendolyn and Thomas Chittenden	Karen Franck	Katharine and Scott Kleiner
Citymeals-on-Wheels	Naomi Freundlich and Charlie Miles	Susan and Frederick Kneip
Cobble Hill LifeCare	Friends of Jim Brennan	Jennifer and Eric Komitee
Bevin Cohen	Jorge Garcia	Estate of Richard Kressler
Community Service Society of New York		Suky Kwak
		Gloria Lanza-Bajo and Ted Bajo
		Colin Laughlin and Jake Trissler
		Dona Metcalf Laughlin and James Laughlin
		Stephanie Lazarus McCormick and Ryan McCormick
		LegalTech Consulting
		Judith and Jonathan Lief

“I would like to say thanks to you and your Heights and Hills team for the many kindnesses that have been extended to us. We sincerely appreciate the concern and caring on so many levels that we received.” - D.J.

John Lipsky
Patricia Lowry and John Touhey
Wanda Lucibello and
Arthur Hall
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Susie and Kenny Mandelbaum
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Willis DeLaCour, Jr.
Judy Willig
Amelia and James Wilson
Wohlgemuth Foundation
Woodward Family Charitable
Foundation
Richard Yancey
Anne Zhu and Robert Haley
Janet and Howard Zimmerman

“I was just so happy to speak with someone who understood, cared, and took the time to listen. There are many Brooklyn seniors out there who are not getting what they need. I tell them if there is any way you can get hooked in with Heights and Hills, you must do so.” - L.B.

CORPORATE AND
COMMUNITY PARTNERS

Many thanks to the following
organizations who gave their time
and talent to Heights and Hills.

1 Hotel
84th Police Precinct
Bedford Stuyvesant Preparatory
Academy
Berkeley Carroll School
BloomAgainBklyn
Boerum Hill International School
Brooklyn Arts Council
Brooklyn Bridge Rotary Club
Brooklyn Friends School
Bushwick Leadership
High School
Credit Suisse
CUNY Service CORPS
CWA Local 1180
Dances for A Variable Population
Dancewave

Emmanuelle Baptist Church
Grace Church
JP Morgan Chase
Junior League of Brooklyn
Lawyers Alliance of New York
Mark Morris Dance Group
MS 88
Nonprofit Finance Fund
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Brooklyn Methodist Hospital
NYC Tech College of
Liberal Studies
NYC Tech Nursing Program
OATS
Packer Collegiate Institute
Plymouth Church
PS 29
PS 321
PS 58
PS 8
St Ephrem Catholic Academy

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Anne Zhu
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Executive Director

“(My Case Manager) is a living doll! She calls at the right time and always makes my day brighter and cheerier. (She) has such a good sense and I know she really cares about me. Also, I love my new chair she got me.” - E.I.

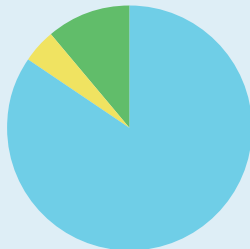
Financials

Financial Summary derived from our audited financial statement from July 1, 2018 through June 30, 2019.

TOTAL OPERATING EXPENSES - \$3,834,862

Breakdown of expenses:

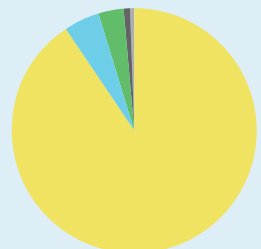
- Program Services
\$3,240,408
- Management & General
\$419,948
- Fundraising
\$174,506



TOTAL OPERATING REVENUE - \$3,826,601

Breakdown of revenue:

- Government
\$3,465,667
- Contributions & Special Events
\$182,797
- Foundations & Corporations
\$133,988
- Net Assets released from restriction
\$26,466
- Other
\$17,683



NET ASSETS \$2,029,274

A few of the 2019 Highlights made possible with your support!

We moved! Our new enlarged space better accommodates our staff and has more room for staff training programs, caregiver workshops, community education, and support groups



Our annual **Thanksgiving dinner** was attended by over 175 older neighbors. Thank you to all of our volunteers who cooked and served and made it happen!



Our **2019 Spring Benefit** raised over \$140,000. We honored Dona Metcalf Laughlin for her years of extraordinary service to Heights and Hills and the community.

Photo at right: Dona Metcalf Laughlin and family



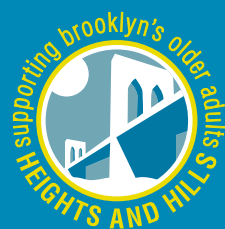
We offered **hundreds of programs** for older adults including Tai Chi, Digital Photography, Chair Yoga and Latin Dancing.

Photo at right: Meal delivery by professional chef



And much more! Your support means we can continue to improve the lives of Brooklyn's oldest residents as well as offer programs to the public on aging successfully. For more on our programs, please visit heightsandhills.org.

Special thanks to THOMAS STOELKER for photos below and throughout this report.



Our mission: Heights and Hills promotes successful aging in the Brooklyn community

To age successfully, one needs to have:

- Financial security – having enough money to pay one's bills
- Food security – having sufficient food and nutrition
- Access to health care – being able to get to and pay for doctors and medication
- A safe, affordable, and comfortable place to live
- One's basic tasks of daily life accomplished – from bathing to bill-paying
- Social supports that prevent isolation

In addition to these basic necessities, studies have shown that social connectedness and having a purpose are linked to increased health, satisfaction, and longevity.

Heights and Hills programs and services address all of these issues.

HEIGHTS AND HILLS

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