




# MARCH LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> <b>Sesame Orange Chicken</b> <b>Chinese Style Spaghetti</b> <b>Cucumber Salad</b>	<b>3</b> <b>Root Vegetable Stew</b> <b>Beet Salad</b>	<b>4</b> <b>Spanish Style Roast Pork</b> <b>Rice Vegetable Blend</b>	<b>5</b> <b>Baked Chicken Breasts</b> <b>Rice Vegetable Blend</b>	<b>6</b> <b>Tropical Fish</b> <b>Mashed Potatoes</b> <b>Spinach</b>
<b>9</b> <b>Baked Mushroom Chicken</b> <b>Rice Broccoli</b>	<b>10</b> <b>Eggplant Parmesan with Spaghetti</b> <b>Spinach</b>	<b>11</b> <b>Beef Meatloaf</b> <b>Potatoes String Beans</b>	<b>12</b> <b>Chicken Breast with Rice</b> <b>Tossed Salad</b>	<b>13</b> <b>Baked Salmon*</b> <b>Baked Potato Broccoli</b>
<b>16</b> <b>Baked Breaded Chicken Cutlet</b> <b>Roasted Potatoes</b> <b>Spinach</b>	<b>17</b> <b>Corned Beef and Cabbage</b> 	<b>18</b> <b>Deluxe Cheeseburger with Onions</b> <b>Cole Slaw</b>	<b>19</b> <b>Spanish Style Baked Chicken</b> <b>Rice and Beans Salad</b>	<b>20</b> <b>Baked Fish with Lemon Garlic Butter Sauce</b> <b>Orzo Vegetable Blend</b>
<b>23</b> <b>Chicken Fajitas</b> <b>Rice Broccoli and Red Peppers</b>	<b>24</b> <b>Eggplant Parmesan with Pasta</b> <b>Spinach</b>	<b>25</b> <b>Baked Pork Chops</b> <b>Rice and Black Beans</b> <b>Salad</b>	<b>26</b> <b>Chicken Parmesan</b> <b>Spaghetti Vegetable Blend</b>	<b>27</b> <b>Fish Curry</b> <b>Red Potatoes</b> <b>Spinach</b>
<b>30</b> <b>Vegetable Soup</b> <b>Baked Breaded Chicken Cutlet</b> <b>Pasta</b> <b>Beet Salad</b>	<b>31</b> <b>Rice with Pigeon Peas</b> <b>Garden Salad</b>	<b>Recommended donation is \$1.75 / meal.</b> <hr/> <b>All meals served with fruit and 1% milk.</b>	<b>Vegetarian options available with one week notice.</b>	<b>* Based on availability salmon may be substituted for another fish</b>

## March 2026 LUNCH MENU - Vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Coconut Curry with Tofu, Broccoli and Carrots Chinese Style Spaghetti Cucumber Salad	<b>3</b> Root Vegetable Stew Beet Salad	<b>4</b> Sweet Potato and Red Bean Chili Rice Vegetable Blend	<b>5</b> Eggplant Parmesan Rice Vegetable Blend	<b>6</b> Baked Ziti with Vegetables Spinach
<b>9</b> Crispy Tofu and Veggie Stir-Fry Rice Broccoli	<b>10</b> Eggplant Parmesan Spaghetti Spinach	<b>11</b> Curried Jamaican Stew Potatoes String Beans	<b>12</b> Vegetable Lasagna Tossed Salad	<b>13</b> Chickpea and Veggie Salad Baked Potato Broccoli
<b>16</b> Baked Ziti with Vegetables Spinach	<b>17</b> Chipotle Bean and Veggie Chili Rice Garden Salad	<b>18</b> Soy Burger with Bun Cole Slaw	<b>19</b> Lentil and Bean Chili Salad	<b>20</b> Chipotle BBQ Pulled Jackfruit Orzo Vegetable Blend
<b>23</b> Broccoli Cheddar Quiche Rice Broccoli and Red Peppers	<b>24</b> Eggplant Parmesan with Pasta Spinach	<b>25</b> Root Vegetable Stew Rice and Beans Salad	<b>26</b> Eggplant Parmesan with Spaghetti Vegetable Blend	<b>27</b> Orzo Stuffed Peppers Potato Wedges Spinach
<b>30</b> Vegetable Soup Breaded Eggplant Cutlets Pasta Beet Salad	<b>31</b> Mexican Style Brown Rice with Pigeon Peas Garden Salad	Recommended donation is \$1.75 per meal.	All meals served with fruit and 1% milk.	