



MAY LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>All meals served with fruit and 1% milk</p>	<p>Vegetarian options available with one week notice.</p>	<p>Recommended donation is \$1.75 / meal.</p>		<p>1 Baked Fish with Lemon Garlic Butter Sauce Orzo Vegetable Blend</p>
<p>4 Chicken Fajitas Rice Broccoli and Red Peppers</p>	<p>5 Eggplant Parmesan with Pasta Spinach</p>	<p>6 Baked Pork Chops Rice with Black Beans Salad</p>	<p>7 Chicken Parmesan Spaghetti Vegetable Blend</p>	<p>8 Fish Curry Red Potato Wedges Spinach</p>
<p>11 Vegetable Soup Baked Breaded Chicken Cutlet Pasta Beet Salad</p>	<p>12 Brown Rice with Pigeon Peas Garden Salad</p>	<p>13 Beef Brisket Rice Spinach</p>	<p>14 Chicken Burger Roasted Vegetable</p>	<p>15 Baked Fish Roasted Potatoes Vegetable Blend</p>
<p>18 Beef Salisbury Steak Mashed Potatoes Mixed Green Salad</p>	<p>19 General Tso's Tofu Vegetable Lo Mein Broccoli</p>	<p>20 Chicken Caprese Spaghetti Spinach Salad</p>	<p>21 Stewed Pork Chops Rice Vegetable Blend</p>	<p>22 Coconut Breaded Fish Beet Salad Potatoes</p>
<p>25 The Center is Closed</p>	<p>26 Root Vegetable Stew Beet Salad Mixed Green Salad</p>	<p>27 Spanish Style Roast Pork Rice Italian Vegetable Blend</p>	<p>28 Baked Chicken Breasts Rice Vegetable Blend</p>	<p>29 Tropical Fish Garlic Mashed Potatoes Spinach</p>

May 2026 LUNCH MENU - Vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Recommended donation is \$1.75 per meal.</p>	<p>All meals served with fruit and 1% milk.</p>			<p>1 Chipotle BBQ Pulled Jackfruit Orzo Italian Blend Vegetables</p>
<p>4 Broccoli Cheddar Quiche Rice Broccoli and Red Peppers</p>	<p>5 Eggplant Parmesan with Pasta Spinach</p>	<p>6 Root Vegetable Stew Rice Garden Salad</p>	<p>7 Eggplant Parmesan Spaghetti Vegetable Blend</p>	<p>8 Orzo Stuffed Peppers Potato Wedges Spinach</p>
<p>11 Vegetable Soup Eggplant Cutlets Pasta Beet Salad</p>	<p>12 Brown Rice with Pigeon Peas Garden Salad</p>	<p>13 Eggplant Parmesan Rice Spinach</p>	<p>14 Sweet Potato Gumbo Roasted Vegetable</p>	<p>15 Chickpea and Veggie Salad Roasted Potatoes Vegetable Blend</p>
<p>18 Soft Whole Wheat Tacos with Black Beans and Veggies Mixed Green Salad</p>	<p>19 General Tso's Tofu Vegetable Lo Mein Broccoli</p>	<p>20 Eggplant Parmesan Spaghetti Spinach Salad</p>	<p>21 Roasted Vegetable, Black Bean, and Corn Enchilada Casserole</p>	<p>22 Breaded Eggplant Cutlets Beet Salad Potatoes</p>
<p>25 The Center is Closed</p> 	<p>26 Root Vegetable Stew Beet Salad Mixed Green Salad</p>	<p>27 Sweet Potato and Red Bean Chili Rice Vegetable Blend</p>	<p>28 Eggplant Parmesan Vegetable Blend</p>	<p>29 Baked Ziti with Vegetables Spinach</p>